

**JUDUL ARTIKEL (MAXIMUM 20 KATA)  
(Calibri 11 bold ditengah)**

**Penulis 1, Penulis 2 dan Penulis 3  
(Calibri bold ditenga)  
Intansi Penulis 1, 2 dan 3  
(calibri 11 bold ditengah)  
E-mail Penulis Pertama  
(Calibri 11 bold ditengah)**

*Abstract: Abstract terdiri dari 100-200 kata dalam bahasa Indonesia dan Inggris. Jenis font Times New Roman, ukuran font 10 dan dimiringkan (italic).*

**Tujuan  
Metode  
Hasil  
Simpulan**

*Keyword: Terdiri dari 3-5 kata untuk memudahkan penyusunan indeks artikel*

**PENDAHULUAN**

Bagian ini berisi tentang latar belakang penelitian, tujuan penelitian, dan kontribusi penelitian. Jenis Huruf Times New Roman, ukuran 10 dengan jarak spasi 1,15 pada kertas A4, kecuali untuk kutipan langsung yang diketik dengan jarak spasi satu dan dengan *indented style*. Batas atas, bawah, sisi kiri dan kanan (margin) sekurang-kurangnya 2,5 cm. Artikel ditulis seefisien mungkin sesuai dengan kebutuhan, dengan panjang artikel berkisar 15-20 halaman (di luar lampiran).

Cara termudah untuk menuliskan makalah anda agar sesuai dengan format penulisan Jurnal Techno Sport Science adalah dengan men- *copy-paste* makalah anda ke dalam *template* ini. *Template* ini akan diberikan pada anda oleh redaksi Jurnal Techno Sport Science, bila makalah anda dinyatakan dapat diterbitkan di Jurnal Techno Sport Science, baik dengan revisi ataupun tidak. Penulisan istilah asing harus ditulis dalam huruf *italics*.

Bagian ini juga memuat konsep teori, literatur-literatur sebelumnya yang terkait dengan penelitian dan pengembangan hipotesis. Jenis Huruf Times New Roman, ukuran 10.

**METODE PENELITIAN**

Bagian ini memuat rancangan penelitian atau desain penelitian, sasaran dan target penelitian (populasi dan sampel), teknik pengumpulan data, model penelitian, dan teknik analisis. Jenis Huruf Times New Roman, ukuran 10

Tabel dan gambar diberi nomor urut dan judul lengkap yang menunjukkan isi dari tabel atau gambar. Penulisan judul tabel dicantumkan di atas tabel, sedangkan penulisan judul gambar dicantumkan di bawah gambar.

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**Tabel 1. Judul Tabel di Buat Title Case Ukuran 10**

**Table title**

| No. | Name | Note |
|-----|------|------|
| 1.  |      |      |
| 2.  |      |      |
| 3.  |      |      |

**HASIL DAN DISKUSI**

Bagian ini memuat hasil analisis data, pengujian hipotesis, menjawab pertanyaan-pertanyaan penelitian, temuan-temuan dan menginterpretasikan temuan-temuan. Jenis Huruf Times New Roman, ukuran 10

**SIMPULAN**

Menyajikan kesimpulan penelitian, keterbatasan penelitian, dan saran/ rekomendasi. Jenis Huruf Times New Roman, ukuran 10

**DAFTAR RUJUKAN**

Memuat sumber-sumber yang diacu di dalam penulisan artikel. Jenis Huruf Times New Roman, ukuran 10.

**TITLE OF ARTICLE (MAXIMUM 20 WORDS)**

*[Calibri 11, bold, centered]*

**Author<sup>1</sup>, Author<sup>2</sup>, Author<sup>3</sup>**

*[Calibri 11, bold, centered]*

<sup>1,2</sup> Author Affiliation, <sup>3</sup> Author Affiliation

<sup>1</sup>e-mail of Author1,

*[Calibri 11, centered]*

**Abstract**

These instructions give you basic guidelines for preparing papers for **Journal Tecno Sport Science** . Use the same font and size given in this template for each section. Abstracts should be written in one column format and not exceed 200 words*[Calibri 10, justified]*. Abstract should consist of:

**Objectives**

**Methods**

**Results**

**Conclusion**

**Keywords:** should be written with lowercase letters except abbreviations, each separated by a comma, can be used as clues in searching, and consist of 5 words in maximum. *[Calibri 10, justified]*

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**INTRODUCTION**

It contains background, formulation of the problem, goal and benefit of the research. This section also contains theoretical concepts, previous literatures related to the research and development of hypotheses. Times Font Type New Roman, size 10.

**METHOD**

It is contains design, material/ subject of the research, procedure, instrument, and data analysis technique, and also others related to the system/technique of research.

**Table title**

| No. | Name | Note |
|-----|------|------|
| 4.  |      |      |
| 5.  |      |      |
| 6.  |      |      |

**RESULTS AND DISCUSSION**

Discussion contains explanation supported with references.

**CONCLUSION AND SUGGESTION**

**ACKNOWLEDGMENT**

The preferred spelling of the word “acknowledgment” in America is without an “e” after the “g.” Try to avoid the stilted expression, “One of us (R. B. G.) thanks ...” Instead, try “R.B.G. thanks ...”. Put sponsor acknowledgments in the unnumbered footnote on the first page.

**REFERENCES**

Buck, Merilyn, M., Lund, Jacalyn, L., Harrison, Joyce, M., Cook, Connie, B., 2007. *Instructional Strategies For Secondary School Physical Education*. New York: McGraw Hill.

Catherine Balmeo, 2005. “Effects of positive reinforcement to the social skills of students with behavioral.” *Journal of Education Measurement*, Vol.32.p299-325. 2005.

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Hickson, Clive., dan Fishburn, Graham, J., 2010. *What is Effective PE Teaching and Can It Be Promoted with Generalist Trained Elementary School Teacher?*. [www.aare.edu.au](http://www.aare.edu.au)

Manuscript paper is single-spaced, written in one column format, on standard A4-sized paper (21 cm x 29.7 cm) within 8 to 10 pages. Use 30 mm top and left margin, 20 mm bottom and right margin, and 15 mm for the header and footer. **Please do not place any page numbers, headers and footers in the manuscript.**

Chapter titles, except the Introduction, Conclusions, and Future Works, should explicitly declare the contents. However, it is not necessary to be explicitly expressed as a Basic Theory, Design, and so forth.

Left- and -right justify your columns. Use tables and figures to adjust column length. On the last page of your paper, adjust the lengths of the columns so that they are equal. Use automatic hyphenation and spelling check. Digitize or paste down figures.